## Public Health Nurse available at the Family Centre



January 4th
February 15th
March 7th
April 4th
May 9th
June 6th
July 4th
August 29th
September 12th
October 3rd

Jane Wismer, Public Health Nurse with Vancouver Island Health Authority, will be at the Family Centre from 10am –12 noon on the dates listed above. She will be here to support you with any health related questions, weigh and measure babies and check immunisation records. Jane will also be able to give immunisations at the Family Centre. Come with your questions about food, sleep or child development. Look forward to seeing you!